



## Curry Chicken Salad Shopping List

- 1/2 cup - Greek yogurt low fat plain \*
- 1 tbsp - curry powder
- 1/8 tsp - cayenne pepper
- 2 cups - cooked chicken chopped \*
- 2 - stalks celery finely diced
- 1/2 cup - red grapes halved \*
- 3 tbsp - fresh parsley finely chopped \*
- salt to taste
- pepper to taste
- 4 - whole wheat small pitas \*

\*This ingredient is also used in another recipe in the series